**Clinical Decision Making within the Unique Encounter of Yoga Therapy**

**Therapist**

* Individual with own “stuff”
* Experiential basis of yoga practice
* Open to the miracle of the present moment

**Yoga Therapeutic Encounter Client**

Yoga’s Worldview  *Therapeutic Framework:* Client’s Needs

“Weltanschauung” cost, time, setting, context, … Client’s Impediments to Wholeness:

Features include: & Hang-ups, “stuff”, traumas, personality, OS

* Holism The Meeting of Expectations
* Spirits in a material world ☺ Client’s point of view on health & healing
* Levels of being (*koshas*) *Clinical Decisions Considering:*
* Awareness as tool Scope and Framework for Care Chief Complaint
* Illness as call to transform

Intake, observation of signs, conversation Other Medical Conditions

The Full Gamut of Yoga Tools: Therapist’s goals for client External factors: life challenges, lifestyle…

8 rungs, lifestyle, diet, nature,

relationship, grace, … Order based on CC, Convincer and Hierarchy of Need

CC mediated by other conditions: Medical, Client’s OS,

Capabilities, “tenderization” ☺, commitment, context, …

*Short and Long-Term Planning:*

What to do now, how long, how to deliver: series, installments,

Weekly, check-ins, classes, referrals, co-care, …

*Delivery Including:*

Teaching, sharing and experiential work, sharing of resources,

Follow-ups and next steps, …