



Code of Conduct & Ethics Agreement

For Spanda® Yoga Teachers and Yoga Therapist Trainees and Certificate Holders

This Code of Conduct is for Spanda® Yoga Movement Therapy trainees and certificate holders in good standing. It is a declaration of acceptable professional behavior for teaching, therapeutic, and business practices that are upheld by anyone of good character who trains with Spanda® and is subsequently certified by Spanda®. By signing this ethics agreement, you agree to conduct business, yoga movement therapy (as qualified), teaching, and professional interacts accordingly.

The Agreement:

As a Spanda® Yoga Teacher and/or Spanda® Yoga Movement Therapist training with and/or subsequently trained by Spanda®, I commit to conduct myself with professional integrity and in an ethical manner befitting an *acharya* (venerable vehicle) of Spanda®, I will:

- adhere to the point of view and culture of Spanda®, its vocabulary, its principles, and its code of conduct as based in yoga's *yamas* and *niyamas* to the best of my ability.
- make my best effort to attend to safety on every level (physical, psychological, personal), respecting individual's privacy and diversity in race, age, ethnic origin, belief, sexual orientation, and gender.
- agree to refer those with whom I am in relationship to proper caregivers for medical advice and treatment and not presume to offer medical, psychological, or medicinal solutions beyond the scope of my training, knowledge, and ability.
- provide safe practices and a safe environment as within my designation.
- conduct myself in a professional manner which includes but is not limited to keeping commitments, being on time, communicating clearly, avoiding using language that can be construed as sexist or sexually harassing.
- exercise due diligence in the keeping of all records of student or client exchanges and personal information confidential.
- exert my duty of care in conducting my classes and sessions safely with attentive guidance and adequate supervision.

I understand that my certification and my right to use the Registry Mark may be revoked for failing to uphold the standards set forth in this code of conduct. Prior to revocation, Spanda® will provide me notice of the basis for the potential revocation and give me a time-limited opportunity to respond in writing. After review, Spanda® reserves the right to determine as to whether to revoke my credentials. I agree to hold Spanda® harmless for any losses or damage I may incur as a consequence of the revocation of my credentials.

By signing this ethics agreement form I am designating my intention to follow this code of conduct as a Spanda® trainee, and subsequent certified Spanda® Yoga Teacher and/or Spanda® Yoga Movement Therapist, depending on the training I have elected.

Print Name _____

Signature _____

Date _____